MULTIGRAIN BATARD

Net Wt. 14oz (367g)

Inspired by the "health breads" of Germany, it's studded with organic grains and seeds for a hearty, crunchy loaf with a slightly sweet taste.

*Ingredients: Flour (**wheat** flour, malted barley flour), water, organic whole wheat flour, molasses, honey, contains less than 2% of each of the following: sea salt, wheat bran, organic yellow corn meal, organic whole barley flakes, organic rolled oats, organic hulled millet, sunflower seeds, sesame seeds, pumpkin seeds, flax seeds, and dried yeast.*
CONTAINS WHEAT. MADE ON SHARED EQUIPMENT WITH MILK, EGG AND TREE NUTS. MADE IN A FACILITY THAT PROCESSES PEANUTS.

Nutrition Facts
Servings: 7, **Serv. size: 2oz (57g)**
Amount per serving: **Calories 140**, **Total Fat** 1.5g (3% DV), Sat. Fat 0g (0% DV), *Trans* Fat 0g, **Cholest.** 0mg (0% DV), **Sodium** 310mg (13% DV), **Total Carb.** 28g (9% DV), Fiber 2g (5% DV), Total Sugars 2g, **Protein** 5g, Vitamin A (0% DV), Vitamin C (0% DV), Calcium (2% DV), Iron (4% DV)

6 32351 09851 3

Companion
St. Louis, MO
63146

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